

Full Report (All Nutrients) 45109392, MICHELINA'S, LEAN GOURMET, SHRIMP SCAMPI, UPC: 717854106450

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Bellisio Foods Inc

Nutrient	Unit	Data points	Std. Error	227.0 g 227g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	279	123
Protein	g	--	--	11.01	4.85
Total lipid (fat)	g	--	--	6.99	3.08
Carbohydrate, by difference	g	--	--	43.99	19.38
Fiber, total dietary	g	--	--	2.0	0.9
Sugars, total	g	--	--	3.00	1.32
Minerals					
Calcium, Ca	mg	--	--	59	26
Iron, Fe	mg	--	--	2.70	1.19
Sodium, Na	mg	--	--	599	264
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	2.5	1.1
Vitamin A, IU	IU	--	--	1001	441
Lipids					
Fatty acids, total saturated	g	--	--	0.999	0.440
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	41	18

Amino Acids

Other

Ingredients
COOKED ENRICHED MACARONI PRODUCT (WATER, DURUM SEMOLINA [ENRICHED WITH NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID]), WATER, SHRIMP (WITH SALT, SODIUM TRIPOLYPHOSPHATE), HALF AND HALF (MILK AND CREAM), CARROTS, DICED TOMATOES (TOMATOES, TOMATO JUICE, CALCIUM CHLORIDE, CITRIC ACID), CANOLA OIL, CONTAINS LESS THAN 2% OF ONIONS, MODIFIED FOOD STARCH, CHABLIS WINE (WITH SALT, POTASSIUM SORBATE [PRESERVATIVE], POTASSIUM METABISULFITE [PRESERVATIVE]), PARMESAN CHEESE (PART SKIM MILK, CHEESE CULTURES, SALT, ENZYMES), GARLIC (WITH WATER AND CITRIC ACID), SALT, POTASSIUM CHLORIDE, LEMON JUICE

(WATER, LEMON JUICE CONCENTRATE, LEMON JUICE), PARMESAN CHEESE FLAVOR (PARMESAN CHEESE [MILK, STARTER CULTURE, SALT, ENZYMES], WATER, SKIM MILK POWDER, SALT), PARSLEY FLAKES, XANTHAN GUM, CHEESE FLAVOR (CHEDDAR CHEESE [PASTEURIZED MILK, CULTURES, SALT, ENZYMES], WATER, YEAST EXTRACT, NATURAL FLAVORS, DISODIUM PHOSPHATE, XANTHAN GUM), SPICE, BUTTER CONCENTRATE (CREAM, SALT), ANNATTO (COLOR). *Date Last Updated by Company: 05/18/2016*